

towardsmastery

Certificate in Executive and Leadership Coaching

PROGRAM SCHEDULE

Hours	Category	Instructional Time	Description
2	Core Competencies	Day 1: 8.30am - 10.30am	Module 1 Welcome, Meditation & Mindfulness Your objectives? Mastery of Competencies 3 Trust & Intimacy and Competency 4 - Coaching Presence Differences ACC-PCC-MCC Coaching the Who
2	Core Competencies	10.45am - 12.45am	Module 2 Executive and Leadership Coaching - Complexities and differences to other coaching Competency 2 Establishing the Coaching Agreement at the Mastery level for Corporate Coaching.
2	Core Competencies	1.30pm - 3.30pm	Module 3 Executive Coaching Skills and Knowledge for the Executive Coach. Mastery of Competencies 5,6,7 - Masterful Communication Skills - take your listening and questioning skills to the next level. Confidence with Direct Communication and managing difficult situations.
2	Core Competencies	3.45pm - 5.45pm	Module 4 Executive Coaching. Who are You Being as a Masterful Coach Case Studies Coaching Practice in Triads
2	Core Competencies	Day 2: 8.30am - 10.30am	Module 5 Welcome & Meditation Leadership Coaching - specific skills needed to coach a leader. Mastery of Competency 1 Ethics and example case studies.

2	Core Competencies	10.45am – 12.45am	Module 6 Leadership Coaching Case Studies Coaching Practice in Triads
2	Core Competencies	1.30pm – 3.30pm	Module 7 Leadership Coaching Managing difficult people and situations Embedding the 11 Core Competencies at the MCC level.
2	Core Competencies	3.45pm – 5.45pm	Module 8 Coaching Demonstration by MCC Coaching Practice in Triads Case Studies Wrap- UP